



blueprint
physiotherapy
pilates + yoga

PRICE LIST

PHYSIOTHERAPY

Initial Consultation (60-70 min)	\$230
Extended Consultation (60 min)	\$230
Standard Consultation (30 min)	\$140
Pilates & Yoga Assessment (45 min)	\$175

SMALL GROUP MAT PILATES & YOGA

Single Class	\$30
Intro Offer - 2 weeks unlimited classes	\$45
5 Class Pack	\$145
10 Class Pack	\$270
20 Class Pack	\$500
50 Class Pack	\$1,200

A Pilates & Yoga Assessment is recommended when commencing our Mat Pilates and/or Yoga classes. This whole-body screening, performed by our physiotherapist, will identify areas of your body which need focused attention during classes.

For all bookings, visit www.blueprintphysio.com.au and click
BOOK PHYSIO or **BOOK MAT PILATES + YOGA**

Prices as of January 2024. Subject to change without notice.